GSF in Domiciliary Care Programme - End of Life Care qualifications mapping

GSF Programme Learning outcome	Content of session & activities	Core Qualification Learning outcome	Assessment Criteria
Session 1 To understand the context of End of Life Care and the role of the domiciliary care worker. • Why is it important to provide good end of life care with dignity and respect? • What is the role of the domiciliary care worker?	**Evaluations—Pre training** Self-assessment of confidence Supportive care analysis Detailed evaluation form to be completed after each session **Content** 　• Definition of end of life care 　• 3 key bottlenecks in EoLC 　• What is GSF 　• EoLC in practice 　• Challenges in EoLC Reflect on 　• Challenges – 　　o Workforce 　　o Continuity 　　o Communication 　• Case study 　• Where are you now – target exercise Significant Event Analysis Activity 2 - Target exercise Activity 3 - Bill Activity 4 - Challenges	**301** 1. Understand current approaches to end of life care. 3. Understand factors regarding communication for those involved in end of life care **307** 1. Understand common features of support during the last days of life. 2. Understand the impact of the last days of life on the **individual** and **others.**	1.1 Analyse the impact of national and local drivers on current approaches to end of life care 3.4 Explain the importance of ensuring effective channels of communication are in place with others 1.1 Describe the common signs of approaching death 2.1 Explain the impact of the last days of life on the relationships between individuals and others 2.2 Outline possible changing needs of the individual during the last days of life 2.3 Outline possible changing needs of the individual during the last days of life 3.1 Describe a **range of ways** to enhance an individual's wellbeing during the last days of life 3.2 Explain the importance of working in partnership with key people to support the individual's wellbeing during the last days of life

Session 2 **Are we identifying** people in the last year of life and recognising decline? To understand the use of Needs Based Coding in identifying people nearing the end of their life.	**Content** • Identifying those nearing the end of life • Use of Supportive care registers • Communicating with others • Needs Based coding • Needs Support Matrix • Prognostication • Different ways of dying • The surprise question **Activities** • What are the indicators • Coding your service users What are the needs likely to be at each stage?	**301** 5. Understand how symptoms might be identified in end of life care. **307** 3. Know how to support individuals and others during the last days of life. **306** 3. Be able to support individuals and others during the last days of life. 4. Be able to respond to changing needs of an individual during the last days of life	5.3 Describe signs of approaching death 3.1 Demonstrate a **range of ways** to enhance an individual's well-being during the last days of life 3.2 Work in partnership with others to support the individual's well-being 3.3 Describe how to use a **range of tools for end of life care** according to agreed ways of working 4.2 Record the changing needs of the individual during the last days of life according to agreed ways of working 4.3 Support the individual when their condition changes according to agreed ways of working.
Session 3 To understand the use of assessment tools for service users and carers, what to do and when to refer • Are we providing the right care for	**Content** • Use of assessment tools • Symptom management • Symptom assessment and management in people with dementia • Support for relatives & staff	**301** 1. Understand current approaches to end of life care	1.2 Evaluate how a range of **tools for end of life care** can support the **individual** and **others.**

	Activities	2. Understand an individual's response to their anticipated death	2.3 Explain the need to explore with each individual their own specific areas of concern as they face death
	1. Assessment tools		
		5. Understand how **symptoms** might be identified in end of life care	5.1 Identify a range of symptoms that may be related to an individual's condition, pre-existing conditions and treatment itself
	2. Case study Assessment tools		
	3. Supporting carers		
			5.2 Describe how symptoms can cause an individual and others distress and discomfort
			5.4 Identify different techniques for relieving symptoms
		306	
		2. Understand how to respond to common symptoms in the last days of life	2.2 Explain how to minimise the **distress** of symptoms related to the last days of life
			2.3 Describe appropriate comfort measures in the final hours of life
		4. Be able to respond to changing needs of an individual during the last days of life	4.2 Record the changing needs of the individual during the last days of life according to agreed ways of working

			4.3 Support the individual when their condition changes according to agreed ways of working
		307 3. Know how to support individuals and others during the last days of life	3.1 Describe a **range of ways** to enhance an individual's wellbeing during the last days of life
		302 3. Understand how to manage symptoms of pain	3.1 Identify signs that may indicate that an individual is experiencing pain
			3.2 Describe factors that can influence an individual's perception of pain
			3.3 Describe a range of assessment tools for monitoring pain in individuals , including those with cognitive impairment
			3.4 Explain how to maintain regular pain relief
Session 4 **Learn about communication skills in Advance care planning** How are we listening to people and understanding their needs and wishes?	**Content** • What is Advance Care Planning • Key Principles of Advance Care Planning • Communication skills • Advance care planning with	**301** 1. Understand current approaches to end of life care 2. Understand an individual's response to their anticipated death	1.2 Evaluate how a range of **tools for end of life care** can support the **individual** and **others** 2.1 Evaluate models of loss and grief

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	People with dementia • Goals of Care/Individual Priorities **Activities** 1. Your ACP 2. Case Study ACP 3. ACP in groups/Role Play		2.2 Describe how to support the individual throughout each stage of grief 2.3 Explain the need to explore with each individual their own specific areas of concern as they face death 2.4 Describe how an individual's awareness of spirituality may change as they approach end of life
		3. Understand factors regarding communication for those involved in end of life care	3.1 Explain the principles of effective listening and information giving, including the importance of picking up on cues and non-verbal communication 3.2 Explain how personal experiences of death and dying may affect capacity to listen and respond appropriately 3.3 Give examples of internal and external coping strategies for individuals and others when facing death and dying 3.4 Explain the importance of ensuring effective channels of communication are in place with others

		4. Understand how to support those involved in end of life care situations	4.1 Describe possible emotional effects on staff working in end of life care situations
			4.2 Evaluate possible sources of support for a staff in end of life situations
			4.3 Identify areas in group care situations where others may need support in end of life care situations
			4.4 Outline sources of emotional support for others in end of life care situations
		6. Understand advance care planning	6.1 Explain the difference between a care or support plan and an advance care plan
			6.2 Identify where to find additional information about advance care planning
			6.3 Describe own role in advance care planning
			6.4 Explain why, with their consent, it is important to pass on information about the individual's wishes, needs, and preferences for their end of life care

		303	
		1. Understand the Principles of Advance care planning	1.1 Describe the difference between a care or support plan and an Advance Care Plan.
			1.2 Explain the purpose of advance care planning
			1.3 Identify the national, local and organisational agreed ways of working for advance care planning
			1.4 Explain the legal position of an Advance Care Plan
			1.5 Explain what is involved in an 'Advance Decision to Refuse Treatment'
			1.6 Explain what is meant by a 'Do Not Attempt cardiopulmonary resuscitation' (DNACPR) order
		2. Understand the process of advance care planning	2.1 Explain when advance care planning may be introduced
			2.2 Outline who might be involved in the advance care planning process
			2.3 Describe the type of information an individual may need to enable them to make informed decisions

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			2.4 Explain how to use legislation to support decision-making about the capacity of an individual to take part in advance care planning
			2.5 Explain how the individual's capacity to discuss advance care planning may influence their role in the process
			2.6 Explain the meaning of informed consent
			2.7 Explain own role in the advance care planning process
			2.8 Identify how an Advance Care Plan can change over time
			2.9 Outline the principles of record keeping in advance care planning
			2.10. Describe circumstances when you can share details of the Advance Care Plan
		3. Understand the person centred approach to advance care planning	3.1 Describe the factors that an individual might consider when planning their Advance Care Plan
			3.2 Explain the importance of respecting the values and beliefs

			that impact on the choices of the individual
			3.3 Identify how the needs of others may need to be taken into account when planning advance care
			3.4 Outline what actions may be appropriate when an individual is unable to or does not wish to participate in advance care planning
			3.5 Explain how individual's care or support plan may be affected by an Advance Care Plan
		306 4. Be able to respond to changing needs of an individual during the last days of life	4.1 Explain the importance of following the individual's advance care plan in the last days of life 4.2 Record the changing needs of the individual during the last days of life according to agreed ways of working
Session 5 To learn about care in the final days and anticipatory care - 'Just in Case thinking'	**Content:** • DNaCPR/Allow a Natural Death • Care in the final days/hours • Individualised care planning	**301** 1. Understand current approaches to end of life care	1.1 Analyse the impact of national and local drivers on current approaches to end of life care 1.2 Evaluate how a range of **tools for end of life care** can support the **individual** and **others**

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How can we best support people who are dying and their carers?			1.3 Analyse the stages of the local end of life care planning
	Activities		
	1. CPR and Photo	5. Understand how symptoms might be identified in end of life care	5.3 Describe signs of approaching death
	2. Identifying dying and symptoms of dying	2 Understand an individual's response to their anticipated death	2.1 Evaluate models of loss and grief
			2.2 Describe how to support the individual throughout each stage of grief
	3. Case study – problem solving		2.3 Explain the need to explore with each individual their own specific areas of concern as they face death
	4. Dignity in dying		2.4 Describe how an individual's awareness of spirituality may change as they approach end of life
		302	
		1. Understand the effects of **symptoms** in relation to end of life care	
			1.1 Identify a range of conditions where you might provide end of life care
			1.2 Identify common symptoms associated with end of life care
			1.3 Explain how symptoms can cause an individual distress and discomfort
			1.4 Evaluate the significance of the individual's own perception of their symptoms
		2. Be able to manage symptoms of end of life care	

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			2.1 Demonstrate a range of techniques to provide symptom relief
			2.2 Describe own role in supporting therapeutic options used in symptom relief
			2.3 Respond to an individual's culture and beliefs in managing their symptoms
			2.4 Actively support the comfort and wellbeing in end of life care
			2.5 Recognise symptoms that identify the last few days of life may be approaching
		3. Be able to integrate symptom management in the care management process	
			4.1 Explain how symptom management is an important part of the care planning process
			4.2 Regularly monitor symptoms associated with end of life care
			4.3 Report changes in symptoms according to policies and procedures in own work setting
			4.4 Support the implementation of changes in the care plan
		306	
		1. Understand the impact of the last days of life on the individual and others	

			1.1 Describe psychological aspects of the dying phase for the individual and others
			1.2 Analyse the impact of the last days of life on the relationships between individuals and others
		2. Understand how to respond to common symptoms in the last days of life	
			2.1 Be able to support individuals and others during the last days of life Describe the common signs of approaching death
			2.2 Explain how to minimise the distress of symptoms related to the last days of life
			2.3 Describe appropriate comfort measures in the final hours of life
			2.4 Explain the circumstances when life-prolonging treatment can be stopped or withheld
		3. Be able to support individuals and others during the last days of life	3.1 Demonstrate a range of ways to enhance an individual's well- being during
			3.2 Work in partnership with others to support the individual's well-being
			3.3 Describe how to use a range of tools for end of life care according to agreed ways of working

		4. Be able to respond to changing needs of an individual during the last days of life	3.4 Support others to understand the process following death according to agreed ways of working
			4.1 Explain the importance of following the individual's advance care plan in the last days of life
			4.2 Record the changing needs of the individual during the last days of life according to agreed ways of working
			4.3 Support the individual when their condition changes according to agreed ways of working
		5. Be able to work according to national guidelines, local policies and procedures, taking into account preferences and wishes after the death of the individual	5.1 Implement actions immediately after a death that respect the individual's preferences and wishes according to agreed ways of working
			5.2 Provide care for the individual after death according to national guidelines, local policies and procedures
			5.3 Explain the importance of following the advance care plan to implement

			the individual's preferences and wishes for their after-death care
		6. Be able to manage own feelings in relation to an individual's dying or death	5.5 Explain ways to support others immediately following the death of the individual
			6.1 Identify ways to manage own feelings in relation to an individual's death
			6.2 Use support systems to manage own feelings in relation to an individual's death
		307	
		1. Understand common features of support during the last days of life	
			1.1 Describe the common signs of approaching death
			1.2 Define the circumstances when life-prolonging treatment can be stopped or withheld
			1.3 Analyse the importance of any advance care plan in the last days of life
		2. Understand the impact of the last days of life on the **individual** and **others**	1.4 Identify the signs that death has occurred
			2.1 Describe the possible psychological aspects of the dying phase for the **individual** and **others**

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				2.2	Explain the impact of the last days of life on the relationships between individuals and others
		3.	Know how to support individuals and others during the last days of life	2.3	Outline possible changing needs of the individual during the last days of life
				3.1	Describe a range of ways to enhance an individual's wellbeing during the last days of life
				3.2	Explain the importance of working in partnership with key people to support the individual's wellbeing during the last days of life
				3.3	Describe how to use an individualised care plan for the dying phase according to agreed ways of working
		4.	Understand the actions to be taken following an individual's death	3.4	Define key information about the process following death that should be made available to appropriate people according to agreed ways of working
				4.1	Explain national guidelines, local policies and procedures relating to care after death
				4.2	Explain the importance of being knowledgeable about an individual's wishes for their after-death care

			4.3 Explain the importance of acting in ways that respect the individual's wishes immediately after death
			4.5 Describe ways to support others immediately following the death of a close relative or friend
		5. Know how to manage own feelings in relation to an individual's dying or death	5.1 Define possible impact of an individual's death on own feelings
			5.2 Identify available support systems to manage own feelings in relation to an individual's death
Session 6 To understand the importance of good team working and cross boundary care and communication. Are we working well enough to provide well coordinated care?	**Content:** • Cross boundary collaboration with others • Better together – communication • Practical ways to improve cross boundary care • Sources of support • Reducing inappropriate hospital admissions • Spiritual care and carer support	**301** 1. Understand current approaches to end of life care 3. Understand factors regarding communication for those involved in end of life care	1.1 Analyse the impact of national and local drivers on current approaches to end of life care 1.2 Evaluate how a range of tools for end of life care can support the individual and others 1.3 Analyse the stages of the local end of life care pathway 3.1 Explain the principles of effective listening and information giving, including the importance of picking up on cues and non-verbal communication 3.2 Explain how personal experiences of death and dying may affect

	Activities		capacity to listen and respond appropriately
	1. Coordinated care		3.3 Give examples of internal and external coping strategies for individuals and others when facing death and dying
	2. SEA – reflective practice		
	3. Supporting carers		
	4. Where are you now – Target exercise		
			3.4 Explain the importance of ensuring effective channels of communication are in place with others
	Self assessment of confidence		
	Supportive care analysis – post training	4. Understand how to support those involved in end of life care situation	4.1 Describe possible emotional effects on staff working in end of life care situations
			4.2 Evaluate possible sources of support for a staff in end of life situations
			4.3 Identify areas in group care situations where others may need support in end of life care situations
			4.4 Outline sources of emotional support for others in end of life care situations
		307	
		3. Know how to support individuals and others during the last days of life	3.1 Describe a range of ways to enhance an individual's wellbeing during the last days of life

			3.2 Explain the importance of working in partnership with key people to support the individual's wellbeing during the last days of life
		5. Know how to manage own feelings in relation to an individual's dying or death	5.1 Define possible impact of an individual's death on own feelings
			5.2 Identify available support systems to manage own feelings in relation to an individual's death