



# GSF Hospice Support Programme



Now open for registration

For more information please contact [info@gsfcentre.co.uk](mailto:info@gsfcentre.co.uk) or 01743 291891

## What is the GSF Hospice Support Programme?

The Gold Standards Framework Hospice Support Programme is designed to enable Hospices and specialist palliative care teams to work most effectively with Primary Care teams, Care Homes and Hospitals who are using the Gold Standards Framework (GSF).

The widespread use of GSF in Primary Care, Care Homes, Acute and Community Hospitals and Domiciliary Care means more opportunities for co-ordinated and integrated cross boundary care. GSF is a whole team approach to quality improvement and encourages involvement of all health settings in a person's care towards the end of life.

## How can the GSF Hospice Support programme can help you?

- GSF is the most widely used EOLC framework incorporating many tools which can be implemented in practice to improve care
- Designed to meet NICE Quality Standards
- Builds on the use of GSF in the community
- Recognised as a Marker of Quality by Care Quality Commission (CQC)

### Who will find this useful?

- Day Hospices
- Hospice at Home teams
- In-patient units

### Key findings from Accredited hospices:

- Improving consistency of advance care planning discussions and documentation
- Cross Boundary Care and communication benefits. As many hospices have a wide geographical area with different systems of communication in place GSF can help standardise what happens and how, especially if people are cared for at home in a different locality from the hospice
- Realising the importance of working with several multi-disciplinary teams that cover areas that are not local to the Hospice so that all patients receive the same level of care no matter where they live.

### GSF aims to:

- Improve the quality of care, in line with the patients preferences
- Develop your workforce for better collaboration and coordination of care across boundaries
- Improve outcomes and cost effectiveness, reduce hospitalisation and enable more patients to live and die well in their place of choice

*"Although we already were providing excellent care, GSF has allowed us to focus very specifically on delivering the right care, to the right patients, at the right time"*

Lakelands Hospice, Northamptonshire



**The National Gold Standards Framework Centre**  
**enabling a 'gold standard' of care for all people nearing the end of life**

**GSF Hospice Support — Course Overview**

<b>Description &amp; background</b>	This Training Programme has been developed from the well established Care Home Training Programme which has been in use since 2004 and is well recognised by commissioners, CQC and the major Care Home organisations.
<b>Programme</b>	The Training Programme is a step-by-step process in training and accreditation against 5 quality standards. The training Programme consists of 2 full day workshops.
<b>Meeting targets &amp; Quality Markers</b>	The GSFCH standards meet all of the Department of Health End of Life Care Strategy Quality Markers (2009), NICE Quality Standards (revised 2013) and other requirements. It is in line with CQC Standards.
<b>How and where training is delivered</b>	Training is delivered in interactive workshops which are held at a central location.
<b>Programme length</b>	<ul style="list-style-type: none"> <li>• The Training Programme is delivered over 4-6 months, followed by a minimum of 3 months consolidation.</li> <li>• The Accreditation process takes 6 months.</li> </ul>
<b>Benefits and outcomes</b>	<ul style="list-style-type: none"> <li>• Better personalised care through identification and assessment of patients' needs in final year of life.</li> <li>• Improved team work and collaboration with GPs, Hospitals, Care Homes and others</li> <li>• Proactive, well coordinated care – pre-empting crises.</li> <li>• Improved Cross Boundary Care and integration into wider local health community.</li> </ul>
<b>Support provided</b>	<ul style="list-style-type: none"> <li>• Website, with a dedicated protected area for Hospices in training.</li> <li>• Email and phone support from GSF Centre.</li> </ul>
<b>Resources included</b>	<ul style="list-style-type: none"> <li>• Everything required – Good Practice Guide, Supportive Care Registers, Assessment Tools, other resources and tools.</li> </ul>
<b>Evaluation</b>	Undertaken at Baseline, Follow Up and at Accreditation stage. Evaluations include After Death Analysis, competence surveys, organisational surveys including place of death, and participants feedback. Accreditation is the final assessment.
<b>Accreditation</b>	<ul style="list-style-type: none"> <li>• Following completion of the training and a period of consolidation and embedding, hospices are able to apply for Accreditation.</li> <li>• The process includes rigorous assessment against 5 GSF Quality Standards, using objective independent assessors.</li> <li>• Findings from the assessments are presented to an independent panel. The Award is valid for 3 years; the Hospice can then apply for re-accreditation.</li> <li>• Annual appraisals reflecting progress support sustainability of the programme.</li> </ul>

***“Every organisation involved in providing end of life care will be expected to adopt a coordination process such as GSF”***

Department of Health End of Life Care Strategy 2008

The National Gold Standards Framework Centre CIC in End of Life Care, a not for profit Social Enterprise organisation, is the largest most comprehensive training provider in End of Life Care for the health and social care workforce. The centre runs training programmes in Primary Care, Care Homes, Acute and Community Hospitals and Domiciliary Care, supported by well-developed resources and evaluation tools.

Gold Standards Framework CIC (GSF) is a systematic, evidenced-based approach to help the frontline generalist health and social care workforce deliver a 'gold standard' care for people nearing the end of life. GSF improves the quality, coordination and organisation of care, leading to better outcomes for patients and their families. GSF also helps reduce hospitalisation and delivers greater cost-effectiveness.

Since 2000, many thousands of GP Practices and Care Homes have been using GSF with significant patient benefits, enabling more to live and die well at home. Use of GSF is recommended by all major health and social care policies and care provider associations, with growing use internationally.