

# 'No decision about me without me'

## Improving Advance Care Planning Discussions in all settings

A collaboration between the National GSF Centre and Age UK to explore best practice in end of life care and Advance Care Planning, and presentation of GSF Quality Hallmark Awards in five settings

Friday 25th September, 2015 9:00-17:00

Mary Ward House Conference Centre, 5-7 Tavistock Place, London WC1H 9SN



### Key Note Speakers include:

**Caroline Abrahams** - Charity Director for Age UK

**Professor Baroness Ilora Finlay** - Professor of Palliative Medicine at Cardiff University, Independent Crossbench member of the House of Lords and National Council for Palliative Care Chair Elect

**Professor Sir Muir Gray** - Adviser to Public Health England, Oxford Institute for Value Based Healthcare

**Martin McShane** - National Director for Patients with Long Term Conditions, NHS England

**Professor John Young** - National Clinical Director for Integration and Frail & Elderly Care, NHS England

**Carl Marsh** - Head of Inspection Integrated Care, Care Quality Commission

And the GSF Team and interviews with successful accredited teams

### Call for Abstracts!:

We are seeking abstract submissions for posters to be presented.

We welcome submissions showcasing best practice in ACP in different settings.

Deadline for submissions:

7<sup>th</sup> August, 2015

See guidance attached

## Reasons to attend:

- Be inspired, informed and updated by nationally recognised key note speakers
- Hear interviews from front line staff giving examples of good practice in end of life care and Advance Care Planning
- Learn how you can improve EOLC and ACP in your workplace and community
- Celebrate best practice in health and social care with those receiving awards
- Submit an abstract on ACP in your area - for presentation of a poster or interview
- Hear first-hand ideas on how to improve care in interactive workshops
- Over a hundred GSF Quality Hallmark Awards being presented to Care Homes, GP Practices, Acute Hospitals, Community Hospitals and Domiciliary Care Agencies
- Including our first second-time accredited Care Homes 6 years after initial accreditation

Call for Abstracts! - Complete and submit our abstract form by 7th August, 2015 to [info@gsfcentre.co.uk](mailto:info@gsfcentre.co.uk), which, if accepted, will be displayed as posters or for interview.

## GSF and the Accreditation awards are endorsed by:



For further information  
please contact:  
The GSF Central Team on  
01743 291 891 or  
[info@gsfcentre.co.uk](mailto:info@gsfcentre.co.uk)



**Delegate prices: £195 pp/£165 pp (for organisations receiving an award)  
All prices subject to the addition of VAT**

Discounted rates are available for Solid Gold Club Members, accredited organisations and all those currently undertaking GSF training programmes. To register please visit - [www.goldstandardsframework.org.uk](http://www.goldstandardsframework.org.uk)

9:00 Registration with tea and coffee

9:30	Welcome & Introduction	National GSF Team
9:40	Chair's Introduction	Paul Cann, Chief Executive, Age UK Oxfordshire
10:00	Engaging with Older People	Caroline Abrahams, Charity Director, Age UK
10:20	How hearing the patient voice can mobilise better care - TBC	Baroness Ilora Finlay
10:40	Sod 70! Care planning and value based care	Professor Sir Muir Gray
11:00	Caring for people with long term conditions nearing the end of life	Dr Martin McShane, National Director for Patients with Long Term Conditions, NHS England
11:20	Panel discussions	

11:30 Tea & coffee break

11:50	<u>View from the front line</u> - examples of ACP in every setting with examples of best practices and interviews with teams from Primary Care, Care Homes, Hospitals, Domiciliary Care, Dementia Care and others	The GSF Team plus representatives from different teams doing GSF programmes in a variety of settings Presentation of awards and interviews with successful organisations
12:35	 GSF Quality Hallmark Awards - Acute Hospitals	Presented by Martin Vernon, British Geriatrics Society
	GSF Quality Hallmark Awards - Community Hospitals	Presented by Suzanne Jones, Community Hospitals Association
	GSF Quality Hallmark Awards - Primary Care	Presented by Catherine Millington-Sanders, RCGP

1:00 Lunch

1.45	The findings from CQC Thematic review and relevance of ACP discussions	Carl Marsh, Head of Inspection Integrated Care, CQC
2:00	ACP and CSP for those with frailty and dementia	Professor John Young, National Clinical Director for Integration and Frail & Elderly Care
2:15	Workshops A1, B1 or C1 - see over	

3:00 Tea & coffee break

3:15	Workshops A2, B2 or C2 - see over	
4:00	 GSF Quality Hallmark Awards - Care Homes accredited and re-accredited + Domiciliary Care and interviews with successful teams	Presented by John Young, NHS England, National Clinical Director for Integration and Frail & Elderly Care
4:45	Final thoughts	Special Guest Speaker - TBC
5:00	Reception for award winners with photographs	
6.00	Close	

Delegates are invited to attend two workshops on the day. One from Workshop A1, B1 or C1 list and one from Workshop A2, B2 or C2 list.

*Workshop A1, B1 or C1*  
2.15pm - 3.00pm

*Workshop A2, B2 or C2*  
3.15pm - 4.00pm

**A1** Advance Care Planning in practice in social care - sharing examples of best practice from care homes and domiciliary care

Led by: Maggie Stobbart-Rowlands

**A2** Life closure discussions at the end of life - how to help these important conversations

Led by: Mark Thomas

**B1** Advance care planning in practice in healthcare - sharing examples of best practice in primary care and hospitals

Led by: Martin Vernon & Professor Keri Thomas

**B2** Difficult conversations - public perceptions, experiences and preferences - findings from Age UK engagement

Led by: Tom Gentry, Age UK

**C1** Having the right words to say - communication skills in ACP discussions

Led by: Sarah Russell, expert in ACP communication skills

**C2** Having the right words to say - communication skills in ACP discussions

Led by: Sarah Russell, expert in ACP communication skills

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For further information please contact:  
The GSF Central Team on 01743 291 891 or [info@gsfcentre.co.uk](mailto:info@gsfcentre.co.uk)  
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