

GSF in Domiciliary Care Programme - End of Life Care qualifications mapping

GSF Programme Learning outcome	Content of session & activities	Core Qualification Learning outcome	Assessment Criteria
<p>Session 1</p> <p>To understand the context of End of Life Care and the role of the domiciliary care worker.</p> <ul style="list-style-type: none"> Why is it important to provide good end of life care with dignity and respect? What is the role of the domiciliary care worker? 	<p>Evaluations—Pre training</p> <p>Self-assessment of confidence Supportive care analysis</p> <p>Detailed evaluation form to be completed after each session</p> <p>Content</p> <ul style="list-style-type: none"> Definition of end of life care 3 key bottlenecks in EoLC What is GSF EoLC in practice Challenges in EoLC <p>Reflect on</p> <ul style="list-style-type: none"> Challenges – <ul style="list-style-type: none"> Workforce Continuity Communication Case study Where are you now – target exercise <p>Significant Event Analysis</p> <p>Activity 2 - Target exercise Activity 3 - Bill Activity 4 - Challenges</p>	<p>301</p> <ol style="list-style-type: none"> Understand current approaches to end of life care. Understand factors regarding communication for those involved in end of life care <p>307</p> <ol style="list-style-type: none"> Understand common features of support during the last days of life. Understand the impact of the last days of life on the individual and others. 	<ol style="list-style-type: none"> Analyse the impact of national and local drivers on current approaches to end of life care Explain the importance of ensuring effective channels of communication are in place with others <ol style="list-style-type: none"> Describe the common signs of approaching death Explain the impact of the last days of life on the relationships between individuals and others Outline possible changing needs of the individual during the last days of life Outline possible changing needs of the individual during the last days of life Describe a range of ways to enhance an individual’s wellbeing during the last days of life Explain the importance of working in partnership with key people to support the individual’s wellbeing during the last days of life

<p>Session 2</p> <p>Are we identifying people in the last year of life and recognising decline?</p> <p>To understand the use of Needs Based Coding in identifying people nearing the end of their life.</p>	<p>Content</p> <ul style="list-style-type: none"> Identifying those nearing the end of life Use of Supportive care registers Communicating with others Needs Based coding Needs Support Matrix Prognostication Different ways of dying The surprise question <p>Activities</p> <ul style="list-style-type: none"> What are the indicators Coding your service users <p>What are the needs likely to be at each stage?</p>	<p>301</p> <p>5. Understand how symptoms might be identified in end of life care.</p> <p>307</p> <p>3. Know how to support individuals and others during the last days of life.</p> <p>306</p> <p>3. Be able to support individuals and others during the last days of life.</p> <p>4. Be able to respond to changing needs of an individual during the last days of life</p>	<p>5.3 Describe signs of approaching death</p> <p>3.1 Demonstrate a range of ways to enhance an individual's well-being during the last days of life</p> <p>3.2 Work in partnership with others to support the individual's well-being</p> <p>3.3 Describe how to use a range of tools for end of life care according to agreed ways of working</p> <p>4.2 Record the changing needs of the individual during the last days of life according to agreed ways of working</p> <p>4.3 Support the individual when their condition changes according to agreed ways of working.</p>
<p>Session 3</p> <p>To understand the use of assessment tools for service users and carers, what to do and when to refer</p> <ul style="list-style-type: none"> Are we providing the right care for 	<p>Content</p> <ul style="list-style-type: none"> Use of assessment tools Symptom management Symptom assessment and management in people with dementia Support for relatives & staff 	<p>301</p> <p>1. Understand current approaches to end of life care</p>	<p>1.2 Evaluate how a range of tools for end of life care can support the individual and others.</p>

<p>people in the last year of life?</p>	<p>Activities</p> <ol style="list-style-type: none"> 1. Assessment tools 2. Case study Assessment tools 3. Supporting carers 	<ol style="list-style-type: none"> 2. Understand an individual's response to their anticipated death 5. Understand how symptoms might be identified in end of life care <p>306</p> <ol style="list-style-type: none"> 2. Understand how to respond to common symptoms in the last days of life 4. Be able to respond to changing needs of an individual during the last days of life 	<ol style="list-style-type: none"> 2.3 Explain the need to explore with each individual their own specific areas of concern as they face death 5.1 Identify a range of symptoms that may be related to an individual's condition, pre-existing conditions and treatment itself 5.2 Describe how symptoms can cause an individual and others distress and discomfort 5.4 Identify different techniques for relieving symptoms 2.2 Explain how to minimise the distress of symptoms related to the last days of life 2.3 Describe appropriate comfort measures in the final hours of life 4.2 Record the changing needs of the individual during the last days of life according to agreed ways of working
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		<p>307</p> <p>3. Know how to support individuals and others during the last days of life</p> <p>302</p> <p>3. Understand how to manage symptoms of pain</p>	<p>4.3 Support the individual when their condition changes according to agreed ways of working</p> <p>3.1 Describe a range of ways to enhance an individual's wellbeing during the last days of life</p> <p>3.1 Identify signs that may indicate that an individual is experiencing pain</p> <p>3.2 Describe factors that can influence an individual's perception of pain</p> <p>3.3 Describe a range of assessment tools for monitoring pain in individuals , including those with cognitive impairment</p> <p>3.4 Explain how to maintain regular pain relief</p>
<p>Session 4</p> <p>Learn about communication skills in Advance care planning</p> <p>How are we listening to people and understanding their needs and wishes?</p>	<p>Content</p> <ul style="list-style-type: none"> • What is Advance Care Planning • Key Principles of Advance Care Planning • Communication skills • Advance care planning with 	<p>301</p> <p>1. Understand current approaches to end of life care</p> <p>2. Understand an individual's response to their anticipated death</p>	<p>1.2 Evaluate how a range of tools for end of life care can support the individual and others</p> <p>2.1 Evaluate models of loss and grief</p>

	<p>People with dementia</p> <ul style="list-style-type: none"> Goals of Care/Individual Priorities <p>Activities</p> <ol style="list-style-type: none"> Your ACP Case Study ACP ACP in groups/Role Play 	<ol style="list-style-type: none"> Understand factors regarding communication for those involved in end of life care 	<ol style="list-style-type: none"> Describe how to support the individual throughout each stage of grief Explain the need to explore with each individual their own specific areas of concern as they face death Describe how an individual's awareness of spirituality may change as they approach end of life Explain the principles of effective listening and information giving, including the importance of picking up on cues and non-verbal communication Explain how personal experiences of death and dying may affect capacity to listen and respond appropriately Give examples of internal and external coping strategies for individuals and others when facing death and dying Explain the importance of ensuring effective channels of communication are in place with others
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		<p>303</p> <p>1. Understand the Principles of Advance care planning</p> <p>2. Understand the process of advance care planning</p>	<p>1.1 Describe the difference between a care or support plan and an Advance Care Plan.</p> <p>1.2 Explain the purpose of advance care planning</p> <p>1.3 Identify the national, local and organisational agreed ways of working for advance care planning</p> <p>1.4 Explain the legal position of an Advance Care Plan</p> <p>1.5 Explain what is involved in an 'Advance Decision to Refuse Treatment'</p> <p>1.6 Explain what is meant by a 'Do Not Attempt cardiopulmonary resuscitation' (DNACPR) order</p> <p>2.1 Explain when advance care planning may be introduced</p> <p>2.2 Outline who might be involved in the advance care planning process</p> <p>2.3 Describe the type of information an individual may need to enable them to make informed decisions</p>
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<p>Session 5</p> <p>To learn about care in the final days and anticipatory care - 'Just in Case thinking'</p>	<p>Content:</p> <ul style="list-style-type: none"> • DNaCPR/Allow a Natural Death • Care in the final days/hours • Individualised care planning 	<p>301</p> <p>1. Understand current approaches to end of life care</p>	<p>1.1 Analyse the impact of national and local drivers on current approaches to end of life care</p> <p>1.2 Evaluate how a range of tools for end of life care can support the individual and others</p>

<p>How can we best support people who are dying and their carers?</p>	<p>Activities</p> <ol style="list-style-type: none"> 1. CPR and Photo 2. Identifying dying and symptoms of dying 3. Case study – problem solving 4. Dignity in dying 	<ol style="list-style-type: none"> 5. Understand how symptoms might be identified in end of life care <p>2 Understand an individual’s response to their anticipated death</p> <p>302</p> <ol style="list-style-type: none"> 1. Understand the effects of symptoms in relation to end of life care 2. Be able to manage symptoms of end of life care 	<ol style="list-style-type: none"> 1.3 Analyse the stages of the local end of life care planning 5.3 Describe signs of approaching death 2.1 Evaluate models of loss and grief 2.2 Describe how to support the individual throughout each stage of grief 2.3 Explain the need to explore with each individual their own specific areas of concern as they face death 2.4 Describe how an individual’s awareness of spirituality may change as they approach end of life 1.1 Identify a range of conditions where you might provide end of life care 1.2 Identify common symptoms associated with end of life care 1.3 Explain how symptoms can cause an individual distress and discomfort 1.4 Evaluate the significance of the individual’s own perception of their symptoms
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		<p>3. Be able to integrate symptom management in the care management process</p> <p>306</p> <p>1. Understand the impact of the last days of life on the individual and others</p>	<p>2.1 Demonstrate a range of techniques to provide symptom relief</p> <p>2.2 Describe own role in supporting therapeutic options used in symptom relief</p> <p>2.3 Respond to an individual's culture and beliefs in managing their symptoms</p> <p>2.4 Actively support the comfort and wellbeing in end of life care</p> <p>2.5 Recognise symptoms that identify the last few days of life may be approaching</p> <p>4.1 Explain how symptom management is an important part of the care planning process</p> <p>4.2 Regularly monitor symptoms associated with end of life care</p> <p>4.3 Report changes in symptoms according to policies and procedures in own work setting</p> <p>4.4 Support the implementation of changes in the care plan</p>
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		<p>6. Be able to manage own feelings in relation to an individual's dying or death</p> <p>307</p> <p>1. Understand common features of support during the last days of life</p> <p>2. Understand the impact of the last days of life on the individual and others</p>	<p>the individual's preferences and wishes for their after-death care</p> <p>5.5 Explain ways to support others immediately following the death of the individual</p> <p>6.1 Identify ways to manage own feelings in relation to an individual's death</p> <p>6.2 Use support systems to manage own feelings in relation to an individual's death</p> <p>1.1 Describe the common signs of approaching death</p> <p>1.2 Define the circumstances when life-prolonging treatment can be stopped or withheld</p> <p>1.3 Analyse the importance of any advance care plan in the last days of life</p> <p>1.4 Identify the signs that death has occurred</p> <p>2.1 Describe the possible psychological aspects of the dying phase for the individual and others</p>
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		<p>3. Know how to support individuals and others during the last days of life</p> <p>4. Understand the actions to be taken following an individual's death</p>	<p>2.2 Explain the impact of the last days of life on the relationships between individuals and others</p> <p>2.3 Outline possible changing needs of the individual during the last days of life</p> <p>3.1 Describe a range of ways to enhance an individual's wellbeing during the last days of life</p> <p>3.2 Explain the importance of working in partnership with key people to support the individual's wellbeing during the last days of life</p> <p>3.3 Describe how to use an individualised care plan for the dying phase according to agreed ways of working</p> <p>3.4 Define key information about the process following death that should be made available to appropriate people according to agreed ways of working</p> <p>4.1 Explain national guidelines, local policies and procedures relating to care after death</p> <p>4.2 Explain the importance of being knowledgeable about an individual's wishes for their after-death care</p>
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		<p>5. Know how to manage own feelings in relation to an individual's dying or death</p>	<p>4.3 Explain the importance of acting in ways that respect the individual's wishes immediately after death</p> <p>4.5 Describe ways to support others immediately following the death of a close relative or friend</p> <p>5.1 Define possible impact of an individual's death on own feelings</p> <p>5.2 Identify available support systems to manage own feelings in relation to an individual's death</p>
<p>Session 6</p> <p>To understand the importance of good team working and cross boundary care and communication.</p> <p>Are we working well enough to provide well coordinated care?</p>	<p>Content:</p> <ul style="list-style-type: none"> • Cross boundary collaboration with others • Better together – communication • Practical ways to improve cross boundary care • Sources of support • Reducing inappropriate hospital admissions • Spiritual care and carer support 	<p>301</p> <p>1. Understand current approaches to end of life care</p> <p>3. Understand factors regarding communication for those involved in end of life care</p>	<p>1.1 Analyse the impact of national and local drivers on current approaches to end of life care</p> <p>1.2 Evaluate how a range of tools for end of life care can support the individual and others</p> <p>1.3 Analyse the stages of the local end of life care pathway</p> <p>3.1 Explain the principles of effective listening and information giving, including the importance of picking up on cues and non-verbal communication</p> <p>3.2 Explain how personal experiences of death and dying may affect</p>

	<p>Activities</p> <ol style="list-style-type: none"> 1. Coordinated care 2. SEA – reflective practice 3. Supporting carers 4. Where are you now – Target exercise <p>Self assessment of confidence</p> <p>Supportive care analysis – post training</p>	<ol style="list-style-type: none"> 4. Understand how to support those involved in end of life care situation <p>307</p> <ol style="list-style-type: none"> 3. Know how to support individuals and others during the last days of life 	<p>capacity to listen and respond appropriately</p> <ol style="list-style-type: none"> 3.3 Give examples of internal and external coping strategies for individuals and others when facing death and dying 3.4 Explain the importance of ensuring effective channels of communication are in place with others 4.1 Describe possible emotional effects on staff working in end of life care situations 4.2 Evaluate possible sources of support for a staff in end of life situations 4.3 Identify areas in group care situations where others may need support in end of life care situations 4.4 Outline sources of emotional support for others in end of life care situations 3.1 Describe a range of ways to enhance an individual's wellbeing during the last days of life
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