

GSF Dementia Care Training Programme - End of Life Care qualifications mapping template

GSF Programme Learning outcome	Content of session & activities	Core Units	Core Qualification Learning outcome	Assessment Criteria
<p>Session 1 – Overview and Introduction to Dementia</p> <p>Learning Outcomes</p> <p>1. What is dementia? To understand the importance of improving care for people with dementia, learn more about the disease and the impact it has on a person.</p> <p>2. Person Centred Care. To learn more about the person-centred approach in dementia care- seeing the person behind the disease.</p> <p>3. Dignity. To consider ways of enhancing dignity, respect and spiritual care for people with dementia in your place of work.</p>	<p>Content</p> <ul style="list-style-type: none"> Context & overview Demographics Dementia Strategy/Prime Ministers Challenge Types of dementia Person Centred Care Life story work Dignity in care Spiritual care Communication <p>Activities</p> <ol style="list-style-type: none"> Quiz—perceptions of dementia Consider an episode of care– what went well, what didn't go so well, what do you need to modify if it occurs again? Take into consideration:- Attitude Behaviour Compassion Dialogue Words associated with dignity - positive and negative 	EOL 308	<ol style="list-style-type: none"> Understand considerations of individuals with dementia at end of life. 	<ol style="list-style-type: none"> Outline in what ways dementia can be a terminal illness. Compare the differences in end of life experience of an individual with dementia to that of an individual without dementia Explain why it is important that end of life care for an individual with dementia must be person-centred Describe how others caring for individuals with dementia may experience loss and grief

<p>Session 2 - Learning Outcomes</p> <p>1. Decline Understanding decline in dementia and recognising and responding to signs of deterioration.</p> <p>2. Pain. Understanding pain in dementia- recognition, causes and management and the use of assessment tools.</p> <p>3. Other symptoms Understand symptom control basics, and the impact of other co-morbid conditions. Dementia at the end of life.</p>	<p>Content:</p> <ul style="list-style-type: none"> Identifying those who may be in the last year or so of life Recognising decline Prognostication Needs support matrices Pain assessment & management General symptom management Use of assessment tools <p>Activities</p> <ol style="list-style-type: none"> Case Study - It is often difficult to recognise decline in PWD, how does this affect care giving? Reflect on a PWD you have cared for who had pain, how did you assess and manage this? Symptom control quiz 	<p>EOL 308</p>	<p>2. Understand how to support individuals with dementia affected by pain and distress at end of life</p>	<ol style="list-style-type: none"> 2.1 Explain why pain in individuals with dementia is often poorly recognised and undertreated 2.2 Describe ways to assess whether an individual with dementia is in pain or distress 2.3 Describe ways to support individuals with dementia to manage their pain and distress at end of life using Medication / Non medication techniques
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<p>Session 3 – Assess— Personal</p> <p>Learning Outcomes</p> <p>1. Communication Learn more about effective ways to communicate and listen to people with dementia.</p> <p>2. Advance Care Planning Understand more about Advance Care Planning and Best Interest discussions for people with dementia and put these into practice</p> <p>3. Carers Understand the particular importance of supporting carers, their needs and the significance of early loss and bereavement</p>	<p>Content:</p> <ul style="list-style-type: none"> Principles of good communication Advance care planning & goals of care ACP for people with dementia Communication skills DNaCPR/Allow a natural death Supporting carers – different approaches <p>Activities</p> <ol style="list-style-type: none"> Consider the key principles of good communication with people with dementia Discuss ACP for people with dementia and how can ACP help to provide the right care? What impact does dementia have on those caring for a person with dementia and how can you help support them in their role 	<p>EOL 308</p>	<p>3. Understand how to support carers of individuals with dementia at end of life.</p>	<ol style="list-style-type: none"> Explain why it is important that end of life care for an individual with dementia must be person-centred 4 Explain why individuals with dementia need to be supported to make advance care plans as early as possible 3.1 Explain why carers may experience guilt and stress at end of life of an individual with dementia. 3.2 Describe ways of supporting carers to understand how end of life process may differ for individuals with dementia 3.3 Describe how others caring for individuals with dementia may experience loss and grief 3.4 Describe ways of supporting carers when difficult decisions need to be made for individuals with dementia at end of life. 3.5 Give examples of how to support carers and others to support an individual with dementia in the final stages of their life.
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<p>Session 4 – Plan— Coordination</p> <p>Learning Outcomes</p> <p>1. Coordination Explore means of enabling better coordinated cross boundary care and reducing crises</p> <p>2. Reducing hospitalisation. Understand the importance of reducing hospitalisation in people with dementia enabling more to remain safely at home.</p> <p>3. Care of the dying Learn more about ways to ensure a good death for people with dementia in their preferred place of choice.</p>	<p>Content:</p> <ul style="list-style-type: none"> Improving co-ordination & collaboration across boundaries Reducing crises Reducing inappropriate hospital admissions Providing best care for the dying person with dementia <p>Activities:</p> <ol style="list-style-type: none"> Reflect on a person with dementia that you have cared for, who was admitted to hospital. Was it appropriate, what was the outcome if they returned to you Pros and Cons of hospital admissions. Reflecting on a person with dementia you have cared for and who died, what signs and symptoms did they display as death approached? 	<p>EOL 308</p>	<ol style="list-style-type: none"> Understand considerations of individuals with dementia at end of life. Understand how to support individuals with dementia affected by pain and distress at end of life. Understand how to support carers of individuals with dementia at end of life. 	<ol style="list-style-type: none"> Outline in what ways dementia can be a terminal illness Compare the differences in end of life experience of an individual with dementia to that of an individual without dementia Explain why it is important that end of life care for an individual with dementia must be person-centred Explain why individuals with dementia need to be supported to make advance care plans as early as possible Describe ways to support individuals with dementia to manage their pain and distress at end of life using Medication/ Non medication techniques Explain why carers may experience guilt and stress at end of life of an individual with dementia Describe ways of supporting carers to understand how end of life process may differ for individuals with dementia Describe how others caring for individuals with dementia may experience loss and grief
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