

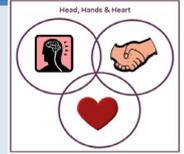
# GSF Update Bulletin

From the National Gold Standards Framework Centre in End of Life Care - Summer 2013

To all GSF Facilitators, End of Life Care Leads, Commissioners and others involved in improving end of life care



You are warmly invited to the 9th Annual National GSF Conference showcasing good practice in end of life care in different settings  
**'Delivering compassionate cross-boundary care for all  
Head, Hands and Heart in End of Life Care'**



**Friday 27th September 2013 10am - 4.30pm Institute of Education, London**

This Annual GSF Centre Conference is a not-to-be-missed opportunity to hear about national progress in improving end of life care across the country, showcasing good practice and hearing of new developments, including the new GSF IT Solutions, Virtual Learning Zone and progress in Integrated Cross Boundary Care Demonstrator Sites. The GSF Quality Hallmark Awards will be presented to the successfully accredited GP practices, care homes and reaccredited care homes. Following key note speakers, updates on use of GSF programmes from around the country and international perspectives and the presentation of awards, there will be several interactive workshops in the afternoon, including market place open forums to share best practice ideas.

**Key Speakers** - Sharon Burton (GMC), Clare Gerada (RCGP-TBC), Anita Hayes (NHS IQ), Mike Connolly (Nurse Consultant), John Ballat (author of 'Intelligent Kindness'), Paul Kingston (Stafford University), and representatives from GSF Programmes.

**Audience** - Anyone interested in end of life care from health and social care, EOLC leaders, Facilitators, Commissioners.

**Reduced price** for accredited homes, those currently doing a GSF Training Programme, local EOLC Facilitators and others.



## Newsflash Update

- **LCP Review Report** available - many notable recommendations of relevance to GSF and those involved in end of life care including better training, allocated clinicians, informed consent and the development of personalised end of life care plans - [see GSF website](#).
- **GSF Dementia Care** programme launched - Phase 1 Evaluation very successful - helps reduce hospitalisation and improve pain assessment, ACP and awareness.
- **GSF Acute Hospitals Phase 4 launched** with another 8 hospitals, making 40 so far, several whole hospitals.
- **Distance Learning for GSF Care Homes programme** - soon to be launched as part of the GSF Virtual Learning Zone - blended learning approach being piloted.
- **Earlier identification** - Improving earlier recognition of patients for the GP's/Locality register/EPaCCS - successful use of GSF e-PIG as part of the GSF IT Solutions.
- **Integrated Cross Boundary care** - 3 new Demonstrator Sites launched, using GSF to improve integrated care across settings + benefits of being 'Gold Patients'.
- **New GSF Hospice Support** - building in the first 2 accredited hospices - due later this year.
- **CQC support for GSF accredited care homes** continues (see over) and consultation with GSF team to discuss standards of excellence, to which all care homes aspire.
- **New RCGP Commissioning Guidance End of Life Care** available now to guide commissioners - see web link - <http://www.rcgp.org.uk/news/2013/april/~media/Files/CIRC/EOLC/RCGP-EOLC-Guidelines-Apr-2013.ashx>
- **Care Homes Award** - Why not enter the nursing and residential awards celebrating innovation and compassionate care - [www.nursingresidentialcareawards.com](http://www.nursingresidentialcareawards.com)

## GSF for all care homes recommended on Radio 4's 'Today' Programme



In an interview with Sheila Scott CEO of the National Care Association, on 19th June discussing complaints related to the death of a woman in an Exeter, following arguments about resuscitation (DNA CPR) between staff and paramedics she said :

*"Currently most care homes do not have a policy on DNAR... **There is one programme, the Gold Standards Framework for End of Life Care**, which is in operation in 2000 care homes which does require as part of its policy that the person's and families' wishes are noted, and I believe that either the Department of Health or the Regulator needs to take a lead on this and bring all parties together so we can have clear policy for care homes."*

## We are expanding! A call for new GSF Clinical Associates



With increasing demands, the GSF Centre is looking for new clinical professionals with a passion for developing and embedding end of life care, and some experience of working with GSF programmes in various settings. Please email your CV to GSF Centre - [info@gsfcentre.co.uk](mailto:info@gsfcentre.co.uk) or call us for an application pack or to book a further discussion with a member of the team.

The GSF Centre in End of Life Care - the UK's leading provider of training in end of life care for health and social care frontline staff. If you would like further information, do contact us at:

Email: [info@gsfcentre.co.uk](mailto:info@gsfcentre.co.uk) Tel: 01743 291 891

[www.goldstandardsframework.org.uk](http://www.goldstandardsframework.org.uk)

# Update of GSF Training Programmes - Current Activity

## Primary Care -

Now on Virtual Learning Zone or in DVD format and recently updated with Accreditation guidance, plus the very successful 'GSF-In-a-Day' with GPs and others from practice teams. Round 2 of Primary Care accreditation completed, and great progress shown by the practices who will receive their awards at the September conference, endorsed by RCGP.

## GSF IT solutions and e-PIG -

Significant increase in numbers identified and early alerting (helping to populate EPaCCS). Successful pilots in Lancaster CCG Practices (see graph).



## Dementia -



The new GSF Dementia Care Programme was launched in the Spring this year on the distance learning GSF Virtual Learning Zone, with very positive feedback from participants about the effect on their organisation and the care of people with dementia. Phase 1 Evaluations out soon and Phase 2 open from September 2013.

**Increased early recognition of patients for GPs register and EPaCCS using GSF Going for Gold training and e-PIG**

## Care Homes -

**Care Homes Accreditation** - 400 Homes have been accredited, with another 60 homes in round 11's Awards at the September conference. Over 100 homes will have been re-accredited three years after their first accreditation, demonstrating strong sustainability.

All 8 GSF Regional Centres are running GSF training for care homes plus other centres. Blended GSF CH distance learning is available at a reduced rate and via Virtual Learning Zone (being piloted in Hillingdon) and enables some of the training to be delivered in the home to greater numbers of staff. Reduction for NCF homes. GSF Care Homes more basic Foundation Level Programme being piloted in 40 Nottingham homes to progress to the full programme and accreditation.

## Acute Hospitals -

Forty hospitals involved so far over the last 5 years including whole hospital programmes in Southport, Airedale, Clatterbridge, Exeter and Morecambe Bay and some progression to accreditation due in 2014. Phase 3 hospitals progressing well to Foundation Level and Phase 4 launched June - final closing date 22 August. Independent evaluation for Phase 1 and 2 available, Phase 3 evaluation due 2014. All show good progress in many areas, reduced length of stay (average 6 days) and more dying where they choose. We provide all resources, training, coaching and support for progress.

## Community Hospitals -

Fourteen new community hospitals in Cumbria doing GSF training with 28 from South West (Cornwall and Dorset) progressing well and moving on to accreditation next year.

## Domiciliary Care in Somerset - Hundreds of Carers to be trained.

Phase 3 GSF Domiciliary Care train the trainers programme will begin in Somerset in the autumn, with 60 provider trainers trained for 1200 care workers over 2-3 years. Pilot phases 1 and 2 completed with 6 providers in Manchester, Rotherham and West Mids. Positive outcomes shown, including better collaboration with the wider health care system.

## Care Quality Commission CQC and GSF

*"The National Gold Standards Framework (GSF) Centre for End of Life Care will share information with the Care Quality Commission about care homes who have achieved GSF Accreditation. This information will be included in the Quality and Risk Profile that CQC holds for each registered provider. Quality and Risk Profiles are used by CQC's inspectors to inform their assessment of risks to the quality of services."*

Lisa Annaly, Head of QRP Intelligence Directorate, CQC.

## International News -Recent interest from

- **Holland** – Keri visited to support GSF Primary Care First Stage in Amsterdam.
- **Australia** - Further 3 care homes doing GSF in addition to 5 Tasmanian homes. Substantial impact so far.
- **New Zealand** – invitation to pilot there – visit in Autumn
- **South Africa** – GSF Acute Hospital to support 'Abundant Life' Project in 2 Cape Town hospitals.
- **China and Japan** – considerable interest.



## GSF on the International Stage

Mandy Thorn represented the GSF Centre at the Australian ACEPL conference on Advance Care Planning in May and Adam Firth at June's GP's WONCA conference. The GSF Team were invited speakers at the recent European Association for Palliative Care Congress in Prague - for the 8 Posters presented, see the GSF website.

[www.goldstandardsframework.org.uk](http://www.goldstandardsframework.org.uk)

## New Updated GSF Website



The GSF website has been thoroughly updated and improved, with many new additional features and sections (some still under development). Do let us know your comments and feedback and ideas or further suggestions. The Patients Family and Carers sections will be added soon.

[www.goldstandardsframework.org.uk](http://www.goldstandardsframework.org.uk)