

# Summer Newsletter 2018

The GSF update bulletin for all end of life care leads, GSF facilitators, commissioners and others involved in end of life care



Clinical Skills



Acute Hospitals



Care Homes



Domiciliary Care



Dementia Care



IT Solutions



VLZ



Community Hospitals



Primary Care



Spiritual Care

## Launch of new GSF Care Homes Programme



The GSF Centre Social Care team led by Chris Elgar, Lead Nurse has undertaken wide consultation in the development of the NEW updated GSF care Homes Programme and accreditation. The programme builds on the experience over the last 14 years of good

practice in care homes, learning from NHS Vanguards ...

This new GSF Care Homes Programme is different in 7 ways

1. **Updated** in line with current practice.
2. **Shorter** - 3-4 days over six months
3. **More affordable** - lower cost reflecting reduced days
4. **Simpler** - focused on seven key tasks
5. **More outcome focussed** - evidence of audits, outcomes, etc
6. **Digital ready** - helps you get ready for IT record sharing
7. **Delivered locally** - through Regional training Centre

The new programme is receiving excellent feedback from both organisations and individual professionals. If you'd like to be part of a national momentum of best practice - [contact us](#)

## New updated resources



The GSF Centre are now able to provide certain useful resources to you at reduced price for bulk buying. These include further printed copies of some of the examples of resources that we give you within the GSF programmes, but also new examples of

icons, for your boards, gold cards, ACP 5 Steps posters, patient leaflets, etc. For more information [contact the GSF team](#)

## Vacancy

### Social Care Clinical Lead

We are looking for a replacement for Chris Elgar when she retires from the role at the end of 2018. The successful candidate will help us continue with the roll out of the GSF Care Homes programme plus other social care programmes.

To find out more about the post, please check the Vacancies section on our [GSF website](#)

## GSF National Conference - 28<sup>th</sup> September London

**Save the Date !!**

### National GSF Conference

**London - Friday 28<sup>th</sup> September 2018**

**Keynote Speakers:** Prof Martin Vernon, Martin Green, Jo Hockley, CQC Primary Care.  
**Showcasing examples of best practice and Awards for care homes (including the first 4<sup>th</sup> time accredited homes), GP practices, hospitals and stimulating Workshops**

**For further details and to register, please visit the [GSF Website](#)**

## NEW GSF Retirement Villages Programme and NEWLY Updated Domiciliary Care Programme



The new GSF Retirement Villages Training programme was launched in July, with 18 retirement communities.

We are working with The ExtraCare Charitable Trust providing full training and new resources, working towards full GSF accreditation.



Our popular GSF Domiciliary Care Training programme - 'Train the Trainer' has been revised and refreshed with different delivery options available.

## New GSF Addresses

The GSF Centre now has a London Office in Hospice UK's HQ near Kings Cross Station and the Shrewsbury team have also moved to a new office.



### LONDON

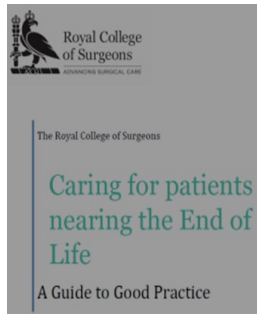
GSF Centre C.I.C.  
 Hospice House  
 34-44 Britannia Street  
 London WC1X 9JG  
 Tel: 02077 893743

### SHREWSBURY

Rural Enterprise Centre  
 Stafford Drive  
 Battlefield Business Park  
 Shrewsbury SY1 3FE  
 Tel: 01743291891

## Royal College of Surgeons' End of Life Care Guidance

The Royal College of Surgeons has published NEW guidance for its members on End of Life Care. It has a foreword by GSF Clinical Director Professor Keri Thomas, who has also contributed to a supportive podcast. The guidance is designed to influence the work of all hospital doctors, not just surgeons. And will be a great resource for all in hospitals to use.



## 12 Years On - First 4<sup>th</sup> time reaccredited Care Homes to receive awards

This year's GSF annual conference will witness an incredible achievement – the first care homes to receive their Quality Hallmark Awards for the fourth time, 12 years after they were originally accredited. Positive proof of the sustainability of GSF.



## GSF Centre - London team



Shanti Shahima



Sarah Noakes

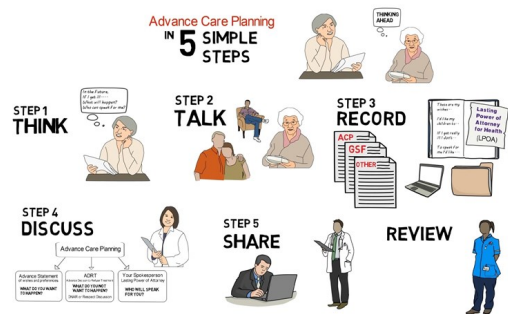


Christine Lambros

We welcome 3 new people to our GSF Admin/Coordinators team now based in London. Shanti - Executive Assistant to Prof Keri Thomas and also covering healthcare - hospitals, primary care and hospices, Sarah - Domiciliary Care Lead and Christine covering social care - care homes training, Accreditation and Reaccreditation and contact for Regional Training centres.

## 5 Steps to Advance Care Planning

**Note:** The new [GSF 5 simple steps to ACP](#) has been well received nationally and internationally, with it comes a poster, patient information leaflet - contact [GSF staff for details](#).



## MASTERCLASS in ADVANCE CARE PLANNING

16<sup>th</sup> October - London

Prof Karen Detering

Lead of Australia's ACP research programs  
Following the success of the ACP  
masterclass 2 years ago, internationally  
renowned lead in ACP in Australia to deliver a  
Masterclass in ACP  
Contact [GSF Centre for details](#)

## Updates from Hospitals & GP Practices

### Hospitals

With 17 whole hospitals doing GSF, wards in 85 hospitals altogether, the GSF team are busy - see GSF Frontrunner - paper forthcoming.

### GP Practices

Over 125 GP practices in Birmingham and 579 across UK doing the GSF 'Going for Gold' programme, record numbers are being accredited.

### Hospice Accreditation

New Hospice training & accreditation is now available

## Ambassadors' update

**A big Thank You to Simon Pedzisi,**

**Director of Care at Nightingale Hammerson,**

for all his hard work and commitment leading our GSF Care Homes Ambassador group since 2016.

If you would be interested in following in Simon's footsteps please contact 0207 7893 743 for more details about the role.

## Textbook in ACP - Second Edition of OUP Advance Care Planning in EOLC

Edited by Keri Thomas, Ben Lobo and Karen Detering

### Reduced price for GSF delegates

The second edition of the highly regarded OUP textbook on Advance Care Planning; in End of Life Care contains chapters from all sectors and subjects, plus international chapters, with many GSF examples from all areas.

Contact [GSF staff for details](#).