

Abstract for EAPC Madrid 2017 Primary care (draft) 18th Sept 2016

NOTE More details of this study awaiting publication / acceptance as conference abstract available on request. Please contact the authors at the GSF Centre

Title

Early identification and proactive person-centred end of life care is possible in UK Primary care- - findings from the first GSF Accredited practices.

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Background

The Gold Standards Framework (GSF) Quality Improvement Programme has been influential in EOLC since 2000 with most UK General Practitioners (GP) using GSF foundation principles.

Primary care teams are pivotal in caring for patients in the final year of life, enabling more to live well and die where they choose, and reduce inappropriate hospitalisation. With increasing pressures from the ageing population, rising mortality and increasingly limited resources, a more proactive approach to meeting these challenges' is required.

Aim

To report on the findings of the first GP practices undertaking GSF Going for Gold training and accreditation with the GSF/RCGP Quality Hallmark Award, demonstrating what is possible to achieve.

Method

Evaluations before and after the GSF Going for Gold training include key outcome ratios and on-line after death analysis plus submission of a portfolio of evidence for accreditation. These findings are cumulated for the first 10 accredited practices.

Results

Practices demonstrated enhanced proactive EOLC, based on earlier identification, better advance care planning and better outcomes for patients and carers. Annually repeated evaluations demonstrate longer-term sustainability.

Conclusion

Improving EOLC in GP Practices through more proactive person-centred care is pivotal to improving care for the ageing population, and making best use of limited resources. The GSF Gold programme reported here, is an example of one means of providing practical, well-received evidence-based quality improvement, to meet the increasing demands of the ageing population.